

NEW YEAR'S DAY

WHEELBARROW RACE

The rules are as follows:

- The race will consist of three laps of the green and involve a wheelbarrow and up to five people.
- Each wheelbarrow must be pushed by only two persons at any one time.
- Each wheelbarrow must at all times contain at least one person, more will be acceptable, though inadvisable.
- Three full laps of the Hampton Park Green must be completed to accomplish the challenge.
- The 'formidable' hills involved in this trial by wheelbarrow have been taken into account and therefore changes of pushers will be permissible, but all who push or ride must also run the whole course up to a maximum of five per team. These changes may take place at the start/finish point where refreshment may be provided to teams by supporters.
- 'Refreshments' are actively encouraged to spur on the teams.
- Cheering, jeering and general noise and support is very much encouraged to help the wheelbarrow teams on their way.

Let's have fun and start the New Year with a
smile